

INSTRUCTOR BIOS

Jill Cookingham, Founder & Artistic Director:

I was a "gypsy" in the professional dance world, dancing in concert performances, theatrical revues and touring with Broadway shows. I lived in New York City, the dance capitol of the world, and studied with the world's best teachers.



Professional Training

Ballet: I was mentored by Madame Gabriella Darvash. "Madame" is featured in the book *The Art of Teaching Ballet/Ten Twentieth Century Masters*, and she has trained the best classical ballet dancers in the world.

Musical Theater, Jazz and Contemporary: Michael Owens (who trained the best of Broadway and the dancers in the movie *Chicago*), Mia Michaels (of "So You Think You Can Dance"), Diana Laurenson (Fosse Repertory) and John Medeiros (Master Teacher and Choreographer).

Accomplishments

- ❖ Bachelor of Science Degree in Physical Education from Rutgers University.
- ❖ Certified Pilates and Fitness Instructor.
- ❖ Dance Clinician for the Junior Olympic National Team at the U.S. Olympic Training Center in 2008.

After twenty years of working as a Dancer, Teacher, Coach and Choreographer; what I am most proud of is that my students have received scholarships to college and gone on to professional dance careers.

Patricia Dingle-Killpack, Master Teacher-Advanced Classes

- ❖ Soloist, Company Member and Choreography Assistant with the internationally acclaimed *Alvin Ailey American Dance Theater*.
- ❖ Extensive teaching experience from master classes in children's programs to setting Ailey works in college dance programs.

For a full bio of Patricia Dingle-Killpack please visit our website @ TakeFlightDance.com.

Misha Puskas, Instructor

- ❖ Graduated Magna Cum Laude with a BFA in Dance from Rutgers University, Mason Gross School of the Arts.
- ❖ Professional Dancer and a former student of "Miss Jill".

For a full bio of Misha Puskas and to see her dance, please visit her website @ MishaPuskas.com.

Take Flight DANCE CENTER

**GPS LOCATION:
20 Stone House Road**

**MAILING ADDRESS:
50 Division Avenue
Building 4
Millington, NJ 07946**



(908) 350-8150

WWW.TAKEFLIGHTDANCE.COM



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CLASS DESCRIPTIONS

"Just as a musician needs to understand his instrument and use it skillfully to achieve artistic goals, so a dancer needs to develop and use their body as a future instrument of their expression."

- Madame Gabriela Darvash

BALLET:

Ballet is the foundation of all dance technique. Vocabulary is broken down with emphasis placed on proper placement, technique, transitions and musicality. The ballet program at TFDC is greatly influenced by the scientific system of movement created by master teacher Madame Darvash.

JAZZ (Including HIP HOP):

Jazz is an art form that uses popular music and expands on the basics of ballet technique in a broader and more expressive way. A jazz class consists of a dance warm-up designed to enhance technique and develop strength and flexibility. The class explores a variety of dance styles including Traditional Broadway Jazz, Street Jazz and Hip Hop.

MODERN & CONTEMPORARY:

Modern Dance's roots come from world dance and the influence of dance pioneers Martha Graham and Alvin Ailey. Traditional modern dance has now developed into a style known as "Contemporary". A modern/contemporary class consists of a technical warm up and progresses to learning choreography with a dramatic intention and quality of movement.

TAP:

Technique built on rhythm and musicality with a variety of movement patterns. Tap Class at TFDC consists of both the traditional Broadway Style and the new Street Style of tap.

DANCE FOR GYMNASTICS & DANCE FOR CHEER/DANCE TEAMS:

This class consists of proper drills and progressions for skills. Exercises are taught for the placement and technique of leaps, jumps and turns required for gymnastics and cheer/dance team competitions.

MASTER CLASSES & WORKSHOPS:

Take Flight Dance Center is very involved with the arts community in New York City. Broadway Dancers, Hip Hop Artists, Ballroom Champions and Contemporary Choreographers will be frequent guest instructors at the studio.

TAKE FLIGHT DANCE CENTER

"Dance is the hidden language of the soul."
- Martha Graham



OUR PHILOSOPHY

Take Flight Center is committed to the art of dance taught at a professional level in a positive and welcoming environment. Technique and training provide the confidence for the freedom of expression. Take Flight Dance is a training center for the dancer with professional aspirations and also the dancer who simply loves the joy of movement. With a solid foundation anyone can *Take Flight into their Dreams!*



"Does Your Child Dance Around The House?"

A good teacher can teach steps and technique.
A great teacher can inspire the art and heart of dance.
If dance is in your heart, we can teach you!

LEAP N LEARN PROGRAM



Take Flight Dance Center offers Leap N Learn Classes for ages 3, 4, 5 and 6. Leap N Learn is a syllabus created specifically for each age and developmental stage of the pre school dancer. Class uses a child's own natural sense of play and creativity while learning coordination skills and developing a love of movement.

Take Flight Dance Center's Founder and Artistic Director is trained as a Master Teacher with Leap N Learn.

Take Flight Dance Center is the ONLY dance studio in NJ permitted to use the Leap N Learn Pre School Program.

TUITION

Tuition is based on 36 weeks of classes from September through June. Classes start the first Monday after Labor Day.

Tuition is divided into 3 installments

- * The first payment is due at registration. Registration fees are \$25.00 per student and \$40.00 per family.
- * The second payment is due in 12 Weeks, the first week in December. **Costume fees are due with the second installment. Costume fees are \$75.00 per costume.**
- * The third payment is due in 14 Weeks, the first week in March.

| Minutes (Hrs) Per Week | Yearly Fee | Installment Fee |
|------------------------|------------|-----------------|
| 45 Minutes | \$486.00 | \$162.00 |
| 60 Minutes | \$648.00 | \$216.00 |
| 90 Minutes | \$972.00 | \$324.00 |

Tuition paid in full at registration will receive a 5% discount. Additional discounts apply as class hours increase. A full list of class hours and associated tuition fees are available at the studio and through our website (TakeFlightDance.com). Participation in the recital is strongly encouraged but not required.